

17 March, 2015

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To: All Members of MCCI Ladies Forum

All Members

Dear All,

Re: Brief Proceedings of the MCCI Ladies Forum Session with Ms Pinky Kapoor on 'Significance of Vastu and Feng Shui', held on March 16, 2015 Somany Conference Hall.

Please find attached the Brief Proceedings of the MCCI Ladies Forum session with Ms Pinky Kapoor on 'Significance of Vastu and Feng Shui' held on March 16, 2015 at Somany Conference Hall, Kolkata.

Thanking you,

Encl: Attached below

Yours faithfully,

Muroti Chatterjee  
(Assistant Director General)

Brief Proceedings of the MCCI Ladies Forum Session with Ms Pinky Kapoor, Vastu and Feng Shui Expert on 'Significance of Vastu and Feng Shui' held on March 16, 2015 at Somany Conference Hall, Kolkata

MCCI Ladies Forum organized a Session with Ms Pinky Kapoor, Vastu and Feng Shui Expert, on 'Significance of Vastu and Feng Shui' on March 16, 2015 at Somany Conference Hall, of the Chamber

Ms Saroj Saraf, Chairperson, MLF in her welcome address explained that Vastu and Feng Shui deal with the perfect balance of life and home by nurturing the 'invisible forces' that bind the Universe, Earth and Humanity Together by determining , *the design, layout, measurements, ground preparation, space arrangements, spatial geometry, of houses, towns, cities, gardens, roads, water works, shops* through Hindu and in some cases Buddhist Beliefs. She detailed that both Vastu and Feng Shui are valuable treasures of Indian and Chinese Heritages respectively and according to the popular belief the latter (Feng Shui) is Vastu as practised in *China, Japan, Singapore, Hong Kong, Malaysia and many other Asian countries*. Both the arts, deal with the laws of nature that balance energies through interior decoration, relating human being with the environment and ensuring harmony with the force of Almighty!

Ms Kapoor said '*Faith can even move mountains. Have faith in God and in you in whatever you do. Always keep your environment clean, avoid hoarding. Remember Rich man's clutter is poor man's treasure. Connect with everything you do in your house since each and every direction of a house reflects your aspiration of life*'. She explained , Feng Shui has originated from Vastu, but has been made more usable and realistic and thus more popular in the World.

Blending Vastu and Feng Shui, Ms. Kapoor elaborated '**three lucks**' guiding one's Life 'Heaven, Earth and Man's Karma' . We need to balance the Earth Luck through Vastu and Feng Shui to lead a '*balanced and peaceful life*'.

Following the *Sun rise to Sun Set direction*, she explained

**East** as the House of Sun where children should reside. We should hang pictures of family on the Eastern Wall of the House., If the East is blocked then we can colour the wall green or keep fresh petals on a fancy bowl of water on the Eastern side or plant rows of fresh flowers to symbolize the flow of energy.

**South** as the House where Sun is over head and No Blue or water element should be there. This is a room for young children. Vibrant Pictures , Furnishings, Throws, Beautiful Lamps with wooden colours/ green colour should be used. One can display one's achievements on the Southern wall or South of the House by showcasing any trophies, medals, shields, certificates or any prize won during the lifetime.

**West** is the House of Sun Set where teenagers should reside to enhance their future. We can keep a treasure box for children with lots of coins and stones. Artifacts, stones like amethyst can be kept. Earthen or Metallic colours should be used.

**North** represents total darkness since after *sunset the sun moves towards North then to North East and then East*. One needs a driving force to bring one out of the darkness. Water element can be best used by putting a Fountain, or Keeping any metal or colouring it with metal colour which enhances the energy. **In Feng Shui water has amazing positive energy** 'if used correctly'. *Pendulum or Clock* or anything which signifies momentum can be kept in the Northern wall or Room in the North. This is the coldest House and is the **House of Kuber** and one can keep a Coin Pot here according to Vastu so that money would never run out.

**North East** is the House of Education and God and we should keep it as light as possible. Head of Vastu resides here. If no prayer room is constructed one can hang pictures of God and Goddesses in the North East Corner of the house or North East corner of every room.

**South West** is where the leg of Vastu resides and the oldest couple should stay and all our jewels, keys should be kept. One needs to block the South West corner of the house by keeping very heavy objects like stones here. If there is a toilet already done, then a stone should be kept to block the drainage. The level of South West Corner can be raised also to assure stability. Niruthi which prevents the homes from getting robbed, dwells in the South west. All important and confidential documents, keys, jewels and even the safe can be kept here or Goddess Lakshmi to absorb the evil and protect home.

**North West** is the house of outlet and marriageable daughter or anything we want to get rid of should be kept. In Factories, end products should be kept in this corner. All our wishes to attain anything or to eliminate may be fulfilled by this corner of the house. For buying any house, one can take picture of a house and give a heading as 'My Dream House' and then write on the bottom right hand corner of the frame '**Bought**' and then sign below and hang the picture frame on the North West wall and then pray to God , it will be fulfilled.

**West** is the house of conception. If one is aspiring for child, a child's picture, or any toy related to children may be hung from the Western wall. One can keep one silver box with coins to represent the metal. Metallic or Earth colours should be used to paint the walls.

**South East** is the House of Fire and we should have kitchen there and is also the house of Wealth'. One can keep coin box in a cupboard at the South East corner and it may fetch wealth.

**Centre-** of the house is the origin of the energy. So no one should stay at the Centre. Only lounge can be made and no beams may intersect here. We should cover the beam if any, running across the centre of the house. Courtyards were therefore present and very scientific.

Few Don'ts:

One should not

1. clutter or keep untidy dark corners in the house. The energy flow stops there
2. have a window or a door facing the entrance
3. have beam in the bed room. If already present, false ceiling should be made
4. keep cut corners
5. keep sharp furnitures
6. build house at the dead end of the street
7. have apartment at the end of a long corridor
8. stay in the North West with his/her spouse

**Ms Nisha Jain, Member, MCCI Ladies Forum** proposed the Vote of Thanks.

The event was well attended by over 30 participants comprising MLF and MCCI members and Corporates and it was well covered by few Print Media

- **Muroti Chatterjee**